

TRAINING PROGRAMMES FOR
PSYCHOLOGISTS

www.tavi-port.org

The British Psychological Society (BPS) is committed to continuing professional development, and at the Tavistock and Portman NHS Foundation Trust we believe that a continued focus on learning is paramount to professional well being.

The Psychology Discipline in the Trust is experienced and well-established, with over 70 psychologists located in 3 departments; the adult, adolescent and child and family departments. Staff who work as psychologists in the Trust have a professional qualification in either clinical or educational psychology, and the majority of staff have further qualifications and extensive experience in specialist theoretical orientations. The two main areas of specialism are systemic and psychodynamic psychotherapy. However, we have staff interested and experienced in a range of other theoretical modalities including CBT and IPT (Interpersonal Psychotherapy)

As well as specialist theoretical orientations, psychologists in the Trust have developed specialist clinical and research interests in a range of areas including developmental psychopathology, refugees, learning disabilities, groups, psychotherapy outcome, trauma, brief work and attachment.

We have a keen interest in the profession of psychology and offer a portfolio of courses that are exclusively designed for psychologists at different levels of experience. Jointly with the University of Essex we provide Doctorate Level trainings in both Clinical and Educational Psychology. We are also involved in organising, directing and teaching on other courses that have a specialist focus. These are multi-disciplinary courses that are of interest to psychologists working in a wide range of settings.

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Francesca Hume, Head of Psychology, Adult Department
Linda Young, Head of Psychology, Adolescent Department
Grania Clarke, Head of Psychology, Child and Family Department*

COURSES SPECIFICALLY FOR PSYCHOLOGISTS

Placement in Specialist Clinical Psychology (M12)

This 1 year course is for trainee clinical psychologists. It offers placements in all 3 Clinic departments; adult, adolescent, child and family departments. The placement aims to develop skills in systemic and/or psychoanalytic oriented treatment approaches in work with a range of specialist client groups.

Introduction to Psychodynamic Concepts: A Workshop for Clinical Psychologists (S2)

This one week course provides a rich introduction to the ideas and concepts involved in psychodynamic psychotherapy to clinical psychologists in their last year of training. Through the intensive experience of the five day course, students also have the opportunity to experience psychodynamic thinking in practice. The course comprises lectures and small and large group experiences.

Supervision: A Psychological Approach (D67)

This course is aimed at practising educational psychologists wanting to develop their knowledge and skills in supervision. The course considers supervision from systemic, psychodynamic, group and multidisciplinary perspectives. The five days are a balance of theoretical and practice issues alongside experiential learning opportunities.

Interdisciplinary Training in Adult Psychotherapy for Professional Workers in Health and Social Services (M1)

This is a multidisciplinary advanced training course in the application of psychoanalytic principles to a variety of clinical settings for suitably qualified and experienced BPS chartered chartered, clinical, counselling or other applied psychologists committed to the development of this work in the NHS and public sector.

Doctorate in Child, Community and Educational Psychology (M4)

The course prepares trainees for work as reflective and pro-active educational psychologists and to contribute to the advancement of educational opportunities for all children.

Doctorate in Educational Psychology (Continuing Professional Development) (M5)

This course is for experienced educational psychologists who want to develop their professional and research skills.

Managing Psychology Services: A Systemic Perspective (D23P)

This course offers a systemic framework within which to understand and develop the task of management in children's services within the public sector.

Managing in Multidisciplinary and Multi-agency Environments: A Systemic Perspective (D23S)

This course is designed for professionals taking up an operational management role in integrated services in multidisciplinary teams.

Top-up Doctorate in Clinical/Counselling Psychology (by Research)

This 2 year part-time course is run jointly by the Tavistock Clinic and Essex University. It is for experienced clinical and counselling psychologists, who want to enhance their clinical research skills.

MULTI-DISCIPLINARY COURSES OF INTEREST TO PSYCHOLOGISTS

Working in the Young People's Consultation Service (YPCS) (D7)

The YPCS is a self-referral service offering brief (four session) consultations to young people between the ages of 16 and 30, who are experiencing personal or emotional difficulties. The course involves seeing YPCS clients for one hour each week at the Tavistock Clinic with concurrent detailed clinical discussion of these cases in small seminar groups.

Understanding Trauma: Principles and Practice (D18)

For professionals who work with trauma. This course comprises a work discussion group, theoretical seminar and experiential group.

The “Difficult Patient” Workshop (P15)

A clinical workshop for experienced clinicians, analysts, therapists, psychiatrists and clinical psychologists wishing to extend their understanding of working with complex clinical presentations.

Working in Organisations (S3)

Group Relations conferences provide a unique opportunity for people from all backgrounds to understand more about leadership and what happens in groups and organisations, both on and below the surface. The programme is designed to mirror many of the psychodynamic and structural realities found in more permanent organisations, which will then be available for study. The focus is on roles and leadership.

Postgraduate Certificate/Diploma in Applied Systemic Theory (D4)

This course is a continuing professional development opportunity for professionals/managers from health, social, education and related services. It will focus on developing an understanding of systemic theory and its applications to professional contexts.

Postgraduate Certificate/Diploma/MA in Psychodynamic Approaches to Working with Adolescents (M33)

Adolescents pose a challenge to all who work with them. The interaction between biological, psychological and social factors is highlighted as contributing to mental health and disorders. This course explores ways of working with young people and offering an effective service for them.

Postgraduate Diploma/MA in The Foundations of Psychoanalytic Psychotherapy (D58)

This is a two year, part-time taught programme leading to a Postgraduate Diploma with the possibility of an MA. It is aimed principally at mental health workers in the NHS and voluntary sector.

Intermediate Clinical Course in Inter-cultural Psychoanalytic Psychotherapy (D59)

This course offers a unique opportunity for students to develop their clinical psychoanalytic skills in the context of inter-cultural psychotherapy. It provides students with the essential skills necessary for working therapeutically in the NHS in multicultural Britain.

CONFERENCE PROGRAMME

The Tavistock and Portman NHS Foundation Trust is the UK's premier mental health training organisation with a particular emphasis on multi-disciplinary work and co-operation. To address contemporary issues, share good practices and exchange information and ideas, the Tavistock and Portman Clinics run conferences and study days every year. Many of the programmes are multi-disciplinary and so may also be of interest to others outside the named professional groups for developing therapeutic skills and in furthering professional development.

CPD TRAINING FOR MENTAL HEALTH PROFESSIONALS

The Trust offers a continually growing and developing range of continuing professional development training opportunities for mental health professionals. Many new courses have been designed in response to feedback about specific training needs from students, conference delegates and other visitors to the Trust.

Further information on our conferences and CPD opportunities, contact:

Events Organiser
The Tavistock and Portman NHS Foundation Trust

Tel: 020 8938 2548
Email: events@tavi-port.org
www.tavi-port.org/training

FURTHER INFORMATION

For further information or an application pack on The Tavistock and Portman NHS Foundation Trust's portfolio of training programmes in psychology, please contact:

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The Training and Academic Prospectus, featuring our portfolio of training programmes is available on: www.tavi-port.org

PUBLIC TRANSPORT LINKS

UNDERGROUND STATIONS

- Swiss Cottage (Jubilee Line)
- Finchley Road (Metropolitan and Jubilee Lines)
- Belsize Lane (Northern Line)

NATIONAL RAIL

- Finchley Road and Frognal (North London Link)
- South Hampstead (Euston Link)

BUSES

- 13, 31, 46, 82, 113, 268, C11

