

PRIMARY CARE TRAINING AND EDUCATION OPPORTUNITIES FOR NURSES

www.tavi-port.org/training

The Trust's Nursing Discipline includes Consultants and Senior Clinical Lecturers in Nursing who work in our CAMHS, Adult and Forensic services and teach on a wide range of primary care courses set out in this brochure. These courses are designed to help nurses address the challenges they face in the fast-changing NHS and within the independent sector, where clinical skills and competencies are necessary in order to work confidently within multidisciplinary teams and professional networks.

The importance of effective relationships between nurses, patients, families and colleagues is now receiving the recognition it deserves and is identified as key in the National Service Frameworks. This Trust is equally concerned with the emotional wellbeing of each nurse. Nurse recruitment and retention is still a problem for the NHS. There is a high level of stress in the nursing environment, which needs to be recognised, nurses need good support, lifelong learning and regular clinical supervision.

We recognise nurses' central role, whatever the context, and our training programmes aim principally to support professionals who often work with challenging patients and service users.

Our former students report that our courses have enabled them to feel more effective, to have a thinking framework for understanding the dynamics in work with challenging patients and that our training made a real difference in their ability to work effectively, reflectively, manage and lead with colleagues.

Our programmes include case discussion, clinical supervision, organisational perspectives and modules on the difficulties in working effectively in teams and with other professions and agencies.

The programmes and initiatives we offer for primary care nursing professionals are set out in this brochure and aim to help nurses and health visitors understand that work has a powerful impact both personally and professionally. Our experience is that an understanding of feelings and dynamics can help nurses be more available emotionally to patients and families, while their capacity to practice thoughtfully and with care is enhanced.

TAILOR-MADE TRAINING

TAILOR-MADE TRAINING FOR PRIMARY CARE TEAMS (Ref. S5)

This tailor-made course is designed to be delivered in the workplace and aims to help practitioners and managers in mental health and social care services to work more effectively with their specific client group and as part of a team. The course provides teams and organisations with a model for establishing reflective practice systems.

POSTGRADUATE/MA PROGRAMMES

POSTGRADUATE CERTIFICATE IN EMOTIONAL WELL-BEING IN CHILDREN AND FAMILIES: INTERPROFESSIONAL PRACTICE (Ref. D42)*

There are many professional nurses, engaged with others, in the task of safeguarding and promoting the emotional well being of children, yet their professional training experience has often poorly prepared them for this task. This programme is suitable for all nurses wanting to develop knowledge, clinical capabilities and skills in the complex field of child, adolescent and family mental health within the expanding Integrated Children's Service (ICS) practice agenda. The first year of this course forms part of an integrated MA programme. The second and third year's comprise specialist pathways leading to: Postgraduate Diploma/MA in Child and Adolescent Primary Mental Health Care Work (Ref. M42) Postgraduate Diploma/MA in Child Protection Work (Ref. M22) Postgraduate Diploma/MA in Fostering and Adoption (Ref. M25)

POSTGRADUATE DIPLOMA/MA IN CHILD AND ADOLESCENT PRIMARY MENTAL HEALTH CARE WORK (Ref. M42)*

This innovative multidisciplinary programme was commissioned by the National CAMHS support Service/CSIP to develop the knowledge, skills and clinical capabilities of Child Primary Mental Health Works, as part of the newly emerging CAMHS workforce. It will be of interest to any nurses working in primary care settings, who wish to develop their knowledge and capabilities in their work with children, adolescents and families.

POSTGRADUATE CERTIFICATE IN THERAPEUTIC COMMUNICATION WITH CHILDREN (Ref. D30)

This half-day course provides a foundation for the understanding of psychodynamic ideas in the work place relating specifically to children, adolescents and their families. It focuses on the processes involved in therapeutic communication with children, as well as having an emphasis on the developmental phases of infancy, young childhood and adolescence.

POSTGRADUATE CERTIFICATE/DIPLOMA/MA IN PSYCHODYNAMIC APPROACHES TO WORKING WITH ADOLESCENTS (Ref. M33)*

Adolescents pose a challenge to all who work with them. Nurses working within and outside of adolescent mental health services are often faced with this challenge alongside the expectation that they will provide adequate and appropriate care. This course provides an introduction to an understanding of the psychosocial development, problems and disturbances of adolescence and ways of working with these.

POSTGRADUATE CERTIFICATE/DIPLOMA IN APPLIED SYSTEMIC THEORY (Ref. D4)*

This is a multidisciplinary training for professionals wanting to develop their therapeutic skills in working with families. The aim of this training is to teach course participants to develop a systemic theoretical framework for therapeutic work. The curriculum is based on an examination of the development of systemic ideas, including an introduction to current thinking and debates in the field. Students are enabled to develop an inter-actional perspective for working with individuals, couples, families, work groups and organizations and helped to apply systemic ideas to their current practice. On successful completion, trainees are eligible to apply to go on to complete a final two years of clinical training in systemic psychotherapy to reach Masters level (Ref. M6).

POSTGRADUATE DIPLOMA/MA IN INFANT MENTAL HEALTH (Ref. M9)*

This course aims to enhance participant's observation skills and understanding of infants and young children's development and emotional health. It enables professionals to become more effective in applying therapeutic ideas in their role with infants, pre-school age children and their families. The course seeks to recruit a multidisciplinary mix of participants and would be of interest to Midwives, Health Visitors and Nurses working in Pre-school agencies.

POSTGRADUATE DIPLOMA/MA IN PSYCHOANALYTIC OBSERVATIONAL STUDIES (Ref. M7)

This course is suitable for people interested in applying detailed observation and a psychoanalytical framework in their professional work with children, young people and their carers. This course will widen your approach to current work and develop your reflective practice.

POSTGRADUATE DIPLOMA/MA IN THE FOUNDATIONS OF PSYCHOANALYTIC PSYCHOTHERAPY (Ref. D58)**

This programme presents an important opportunity for primary care workers and others to gain an initial training in psychoanalytic psychotherapy. The aim of the course is to introduce, stimulate interest in and teach the theory and practice of psychoanalytic psychotherapy in a variety of contexts. Applicants without previous experience should apply for Introduction to Counselling and Psychotherapy (D12).

UNDERSTANDING TRAUMA: PRINCIPLES AND PRACTICE (Ref. D18)

For professionals who work with trauma. This course comprises a work discussion group, theoretical seminar and experiential group. It will increase your understanding of a psychoanalytic approach to the aftermath of trauma and to the management and treatment of traumatised individuals. It will help you to apply concepts studied to your own working practice, as appropriate.

A FOUNDATION IN THINKING ABOUT FORENSIC PATIENTS (Ref. P5)

This course offers a new opportunity for professionals working in the forensic sector and primary care with a basic understanding of psychoanalytic concepts and child development specifically relating to aspects of work with patients who are aggressive or irrational in GP surgery and other settings.

INTRODUCTION TO COUNSELLING AND PSYCHOTHERAPY (Ref. D12)

This short course is an introduction to psychodynamics for mental health staff working in the public and voluntary mental health services. Professionals can gain a greater understanding of the mental health of patients in their care by applying psychodynamic thinking to their work, which can contribute positively to care and treatment. The course includes theory seminars, work discussion and experiential groups.

* In partnership with University of East London

** In partnership with University of Essex

CONTINUING PROFESSIONAL DEVELOPMENT

Our CPD programmes have been designed to support professionals working in all mental health settings including primary care. They range from one day workshops, to 10 week lecture programmes and supervision groups which meet across whole academic terms or over a year. Our experience in mental health training puts us in a unique position to work with organisations to develop tailor-made courses, in-house training, CPD and consultancy tailored to the needs of organisations and groups of staff.

CONTEMPORARY ISSUES IN FOSTERING AND ADOPTION

October 2008 - July 2009

It is aimed at social workers and other professionals who are responsible for the provision and support of adoptive and foster care placements, as well as those with special responsibility for LACA services in health, mental health and education. Looked After Children account for a growing percentage of users of CAMHS services, and therefore Primary Mental Health Workers regardless of discipline, need to develop specialist skills particular to Looked After Children and supporting foster and adoptive parents. The programme welcomes applications from the statutory, voluntary/independent and private sectors.

DEVELOPING CLINICAL CULTURAL COMPETENCE IN PROFESSIONAL TEAMS WORKING WITH CHILDREN AND YOUNG PEOPLE

3 November 2008 and 2 March 2009

The course will provide participants with a theoretical foundation and will apply this to clinical and professional practice. Cultural competence will be explored from social and psychological perspectives during the first part of the day. Small discussion groups will be facilitated to apply this material from participants' cases, including experiences of working across culture, race and ethnicity and issues arising from inter-agency/professional communication.

WORKING WITH BLACK AND MINORITY ETHNIC CHILDREN, ADOLESCENTS AND FAMILIES IN CAMHS AND PRIMARY CARE

January - March 2009

The course aims to provide participants with an opportunity to:

- Develop an understanding of race, culture and mental health
- Increase knowledge of key issues facing black and minority ethnic communities
- Improve clinical practice with black and minority ethnic clients

WORKING WITH PHYSICAL ILLNESS: A SYSTEMIC APPROACH (Ref. D19)

NICE guidelines for many physical illnesses recommend psychological work with families. This can be daunting for professionals who feel they do not have adequate skills to manage the whole family. This is a skills based course where applicants will have the chance to discuss clinical situations and practice therapeutic techniques. This five-day course is suitable for professionals working with families with acute, chronic or life threatening illness, either in the NHS or voluntary organisations.

OUR FORTHCOMING CPD PROGRAMMES:

- Managing in Multidisciplinary and Multi-agency Environments: A systemic perspective (Sept 08-April 09)
- Practice Learning Groups for Professionals Working with African or Afro-Caribbean Clients (Sept 08-Feb 09)
- Developing Management and Leadership Practice: Learning groups for black managers and leaders (Oct 08-April 09)
- Workshops for Professionals Working With Looked After and Adopted Children and Their Families (Oct-Dec 08)
- Evening Lecture Series in Child Development Research for Professionals Working With babies and under 5s (Oct 08- July 09)
- Understanding the Mental Health Needs of School Children: A Workshop for workers in education settings including school nurses (Jan-March 2009)
- Spring Short Course in Work with Under Fives: The Tavistock Clinic Approach: 5 days (16-20 March 2009)
- Theoretical Seminars on African Psychology (April-July 09)

CONFERENCE PROGRAMME

We run an extensive range of conferences and study days every year. Conferences of interest to primary care nurses are:

Dangerous Cocktails: A Conference on Alcohol, Drugs and Families, Friday 26 September

Has Education Lost Its Way? Friday 7 November 2008

For further information, please contact:

Events Organiser

Tel: 020 8938 2548 Email: events@tavi-port.org

For our current list of conferences, visit: www.tavi-port.org/conferences

FURTHER INFORMATION

For further information or an application pack on The Tavistock and Portman NHS Foundation Trust's portfolio of training programmes in psychology, please contact:

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The Training and Academic Prospectus, featuring our portfolio of training programmes is available on: www.tavi-port.org

PUBLIC TRANSPORT LINKS

UNDERGROUND STATIONS

- Swiss Cottage (Jubilee Line)
- Finchley Road (Metropolitan and Jubilee Lines)
- Belsize Lane (Northern Line)

NATIONAL RAIL

- Finchley Road and Frognal (North London Link)
- South Hampstead (Euston Link)

BUSES

- 13, 31, 46, 82, 113, 268, C11

