

# Psychodynamic Psychotherapy for Child and Adolescent Psychiatrists (ref. M14)

## TRAINING PROGRAMMES

OCTOBER 2011

**This is a course for Child Psychiatrists who wish, as part of their specialist training, to further their knowledge and obtain skills in psychodynamic psychotherapy.**

### Who is this course for?

- Psychiatrists in salaried specialty (ST4-6) training posts, consultant child and adolescent psychiatrists or fee-paying clinical associates.
- Those who have a core qualification in psychiatry and some experience with children, adolescents and their parents.

### Aims

- To develop your theoretical and practical skills needed to provide psychodynamic individual treatment to children and adolescents.
- To provide an opportunity to study relevant psychoanalytical concepts and to link these with ways of working in different clinical settings.
- To provide a qualification that leads to membership of the Tavistock Society of Psychotherapists.

### Content/teaching components

- Infant or young child observation.
- Weekly lectures and seminars in child development and psychoanalytic theory.
- Two weekly psychotherapy cases, supervised.
- Long-term psychotherapy with a parent, supervised.
- Other psychotherapeutic experiences according to individual interests.
- 5,000-10,000 work theoretical/clinical paper.
- Personal therapy twice a week (not included in course fees).

### Content/teaching components

- Competence is assessed by supervisors.

### Time commitment

- Approximately 3 years, around 1 day per week. The programme is flexible to individual needs.

**For more detailed information on our courses, visit <http://www.tavistockand-portman.ac.uk/knowledge>**

